



JUNIOR LEAGUE OF SPOKANE

Women building better communities®

League At A Glance

VOLUME 21, ISSUE 2
MARCH 2013

President's Message

The 2012-2013 Junior League of Spokane (JLS) year has gone by quickly. It is already March and our current Board of Directors and committee chairs complete their terms in May. At that time we will be transitioning to new leadership. So far in 2013 we have been extremely busy and there is much to report.

Our 2012-2013 Provisional Training is almost complete. We are excited to welcome almost 20 new Provisional Members to the Junior League of Spokane and will be voting them in as Active Members at the April General Membership Meeting. Congratulations to Amy Dowell (Membership Chair), Cynthia Gustafson (Membership Director) and the Membership Committee for all their amazing hard work and effort. Active members are also recognized at our General Membership meeting for their hard work and dedication to JLS with BRAVO awards.

We are continuing our efforts to reconnect with our "lost" sustainers. Please contact the Junior League of Spokane office to assist us in relocating these valuable members. Also, a special thank you to Chris Lines, JLS Administrative Assistant, Candace Mumm, Sustaining Director, and Alana Crouch, Administrative Sustaining Director, for all their assistance and hard work contacting lost sustainers and updating the sustainer database.

In case you missed it: At our February General Membership Meeting we completed a clothing drive for the GLAMagain fundraiser which was held on March 1-3, 2013. We also welcomed sustainer Carol Neupert for a wonderful training on parliamentary procedure. JLS members voted to extend the "Foster Santa Breakfast" community event for the 2013-2014 year. The board of directors started the budgeting process for the 2013-2014 league year at the March Board Meeting.

The Junior Leagues of Washington State (JLWS) held "Capital Days" in Olympia on President's Day weekend. Four JLS members attended this incredible advocacy training and took the opportunity to meet with our legislators. A special thank you to Rep. Timm Ormsby, Rep. Marcus Riccelli, Rep. Kevin Parker, Rep. Jeff Holy and Senator Andy Billig for meeting with us. Our focus areas for JLWS this year include human trafficking, homeless teens and foster care issues.

March is a very busy month for the Junior League of Spokane. We have organized several informal social clubs. The happy hour/dinner group has started attending "First Friday's" in downtown Spokane, our book club had its first meeting, and our outdoor group attended "Retro Day" at Silver Mountain on March 9. "Kids in the Kitchen" was held on March 16 at Gonzaga University, and we will be hosting "Northwest Exchange" March 22-24 at the Spokane Club.

The "Clean Your Closets" fundraiser and community event is underway. Please save your gently used men's, women's, children's clothing, shoes, handbags, etc. **(Continued on Page 2)**

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(Continued from Page 1) for this event. Better quality, professional items will be retained for the next GLAMagain event in October. We are happy to pick up your donations if you contact the Junior League of Spokane office.

Our cookbook sale has been extended, and it is a great time to purchase JLS cookbooks prior to Mother's Day and wedding season.

You do not want to miss the March General Membership meeting. We will be welcoming sustainer Carol Wendle for a training about how her League experience prepared her for the next level as a community volunteer and leader, presenting the 2013-2014 budget, introducing the 2013-2014 chairs, finding out who the next BRAVO winner is, and learning more about current, upcoming and continuing fundraisers (GLAMagain, Cookbooks, Farm Chicks, "Clean your Closets", and yes, "Flocking" will be returning). Membership will be presenting ideas for "Platinum Membership," and we will be collecting new and gently used backpacks and suitcases for foster children as an Impact Spokane project.

March is "Women's History Month" and "National Nutrition Month." Junior League women will continue to use their training and leadership to make history in the Spokane community and beyond. Our "Kids in the Kitchen" event took place during "National Nutrition Month" in an effort to draw awareness to childhood obesity and promote healthy lifestyles. I really appreciate the hard work and dedication JLS members have demonstrated this year. It is encouraging to see our active and sustaining membership numbers growing. Again, thank-you to everyone for all you do.

With Gratitude,

Julie A. Munson (1999)
2012-2013 Junior League of Spokane President
jmunson6366@msn.com

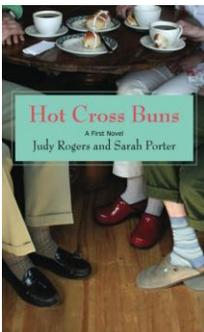
Hot Cross Buns

An evening with authors Judy Rogers and Sarah Porter
March 21, 2013, at The Calm

Support your local Junior League Sustainers!

Sarah Porter & Judy Rogers first met working at a JLS Rummage Sale and on the first JLS Gold'n Delicious Cookbook. You never know where your JLS friendships will take you!

Come meet them at the Calm March 21st for their first novel release!



Hot Cross Buns is now available at:

Amazon. Com, Kindle, iPad (for Kindle), Auntie's Bookstore, and Hastings

The Calm

1303 S. Grand Blvd., Spokane, WA 99202

Doors open at 4:00pm. Event begins at 7:00 pm.

Tickets are \$20.00 each

~ Book signing to follow event

Thank you, Alanna Crouch, *Sustaining Administrative Flow Group Director!*

Alanna was an active member of The Junior League of Spokane from 1995 to 2002. She served on the JLWS Board (Junior Leagues of Washington State) as the Secretary from 2010-2011. Some of her past placements were: Administrative Director, Communication Chair and publishing many issues of the LAAG!



Alanna is currently the GED Test Examiner at Community Colleges of Spokane. From 2000-2011 she was the Registrar and Administrative Assistant to the Head of School at Saint George's School. She was Saint George's School Development Assistant from 1997-2000.

Alanna is the first of many needed Sustaining Flow Group Directors. She has jumped on board to help us with our sustainer and active member databases – and boy is she organized and efficient! But I don't have to tell you. If you know Alanna or have been on a Junior League committee with her, you have seen she is a true treasure. We are so grateful to have her help!

Attention All Sustainers! We are looking for Sustaining Flow Group Directors

For the 2013-2014 JLS year we are launching our Member-to-Member Mentorship Program, beginning with our Directors. If you were once a Director of Administration, Funding, Membership or Community for JLS, or have professional background in these areas, and want to help the active JLS Flow Group Directors, please turn your interest request in no later than April 1st to Membership Director, Cynthia Gustafson at steelhead@gustafsonhogan.com or 509-280-8595 for more information.

Transfer Members

Welcome our newest Transfer Member ... Tammy Everts! Tammy transferred from the Junior League of Yakima.



I moved back to Spokane in April 2012 after being away for years. I moved back to be closer to my folks and to work for the Small Business Development Center. I'm a Certified Business Advisor with the SBDC; my official employer is Washington State University. I have a three year old daughter, Stella who keeps me entertained and busy. She is truly a blessing. I used to have hobbies but now my non-work time revolves around Stella. We are still adjusting to the move and life in the bigger city. We have a border collie, Layla. We enjoy going to Vandal football games, trips with family and hanging out with friends. The SBDC provides business owners one-on-one confidential business advising at no fee. My previous work experience includes 15 years in municipal government and most recently six years in Economic Development for Yakima County. I graduated from the University of Idaho and have an MBA from City University. I'm a member of the UI and WSU Alumni Associations and was a Delta Gamma at UI. I joined Junior League in 2007 in Yakima and one of the things I miss most about Yakima is my Junior League friends. I'm looking forward to getting to know you all.

Capitol Days Advocacy Training

JLS members Cynthia Gustafson, Julie Munson, Candace Mumm and Alex Mann attended Capitol Days 2013 in Olympia, Washington on February 17 and 18. Capitol Days is presented by the Junior Leagues of Washington State Public Affairs Organization (JLWS), which consists of the Seattle, Olympia, Tacoma, Yakima and Spokane Leagues. The Washington League focus areas consist of Foster Care, Human Trafficking, Homelessness and Childhood Obesity/Nutrition. On Sunday night they met with other League members from across the state to socialize and have dinner together. Monday consisted of several meetings with district legislators, hearing from lobbyist speakers at the JLWS luncheon and advocating for Bills in Hand! JLS members met with Rep. Timm Ormsby, Rep. Marcus Riccelli, Senator Andy Billig, Rep. Kevin Parker and Rep. Jeff Holy. We also stopped by to leave a note for Governor Jay Inslee. Lots of great advocacy work was done by these fabulous members to combat Childhood Obesity, to support victims of Human Trafficking and to request more assistance for foster children and homeless people in our communities.



Organizational Development Institute February 22-24, 2012 – Dallas, Texas

Junior League of Spokane members Kim Koch, Michelle Tompkins and Amy Dowell experienced an inspirational and empowering weekend of training at the Organizational Development Institute in Dallas. Our top takeaways include:

1. The Junior League is an *amazing* organization that brings fabulous women from all walks of life together to make a difference in our communities.
2. AJLI is committed to helping its member Leagues be successful catalysts for change.
3. ODI connected us with members from other Leagues to talk about our challenges and accomplishments and to share ideas to make our Leagues even better.
4. We have come away with many great ideas for recruitment and retention, diversified funding development, strengthening our infrastructure and moving our mission forward.



We are awestruck by the impact 155,000 women in 293 Leagues across four countries can have. It was more than worth getting up before 4:00 a.m. to catch a flight to the conference and flying through a blizzard to get home. Thank you Junior League of Spokane for your commitment to member training. It truly was an honor to attend ODI, and we look forward to sharing what we learned with you.

Northwest Exchange (March 23-24) Is Almost Here!

JLS ACTIVE AND SUSTAINING MEMBERS ARE INVITED TO ATTEND FOR A DISCOUNTED PRICE!

It's nearly time for the annual Junior League conference attended by the vibrant, lively and always interesting Northwest Leagues! It is our turn to host this event – it's a once-in-a-12-year event! And boy, are we ready to show off the Junior League of Spokane and our city!

NWX TUITION FOR Non-JLS Members: \$150
NWX TUITION for JLS members, sustainers: \$70*++

SIGN UP FOR NORTHWEST EXCHANGE TODAY!
Call the JLS office 509-328-2801 with your workshop options
and to pay via Master Card, Visa or check

**Includes all workshops Saturday and Sunday, plus Saturday lunch at the Spokane Club. We are not able to include breakfast(s) for this price.*

++Want an even deeper discount? Volunteer four hours and pay only \$35 for all workshops both days and lunch. For volunteer details, contact jadmcgann@comcast.net

WHAT WILL YOU GET: We have lined up top talents to train us, including a nationally known speaker (Vicki Clark), as well as some exceptional local trainers. Our event will also include a raffle (*grand prize: \$100 gift card to Nordstrom!*), marketplace, cocktail hour, discounted shopping at local boutiques *Tangerine* and *Artemis*, and all kinds of great networking and idea sharing. The full agenda, with details on the workshops, is on our JLS webpage:

<http://www.jlspokane.org>.

A sampling of workshop topics:

- *The Eleven Commandments of Wildly Successful Women*
- *So you want to learn how to organize a SPAC (State Public Affairs Committee)?*
- *STRENGTHSFINDER 2.0 (Attendees must submit analysis of online test prior to workshop; details of deadlines forthcoming)*
- *SEEDS OF CHANGE: Essential Tools for Civic Leadership and Beyond*
- *HOW TO MAKE MEETINGS WORK*
- *Love 'Em or Lose 'Em: Burnout and Inspiring and Motivating Others*
- *Tricks and Tips to Living a Balanced Life as a Junior League Member*

EVENT HOURS:

MARCH 22 - Saturday: 9:00 a.m. – 4:30 p.m.

MARCH 23 - Sunday 9:00 a.m. – noon

All workshops and lectures are stand-alone; the lectures will not build upon each other, so if you can only attend one or two, you will still receive the full picture from each workshop!

We hope to see you there!

Julia McGann
Chair, Northwest Exchange

IMPACT SPOKANE: Backpack and Suitcase Drive for Foster Children

Each month approximately 100 children enter our local foster care system and join our community's 800-1,000 children already navigating the system. Many of the children do not have a backpack or suitcase to call their own. They journey through the system with just a pillow case or garbage bag to carry their few cherished personal items. Help make this transition smoother for Spokane's foster kids by donating new or gently-used backpacks, suitcases or duffel bags.

Please bring these items to the March General Membership Meeting on March 19. This will benefit the Foster Parent Association of Eastern Washington's Clothing Perk. If you are unable to attend the meeting but want to donate, please Michelle Grover (michellegrabicki@hotmail.com) to make arrangements to drop off your donations.

Now is the time to clean out your basement and donate those gently-used suitcases, totes and duffel bags that are rarely used.

Welcoming Maria's Babies!

"Blake and Hollis are the most amazing babies I've ever known and I'm not just saying that because I'm their mom! They were born at 24 weeks + 5 days and weighed 1.7 pounds each. I recently had a discussion about their growth with one of their doctors. He showed me where they were on the chart and I asked what he'd like to see. He simply stated, "Fifty percent of 24-weekers don't survive. So the fact that they are growing is beautiful!" I couldn't believe what I heard. Fifty percent don't survive and here I am with TWO beautiful babies full of fight!



Blake and Hollis have come a long way over the past 115 days and as tiring and frustrating as it has been, it has also been so awe -inspiring to see them develop and grow every day. Although I am happy to report they are both now over six pounds, they will still be in the NICU for at least a few more weeks working on nutrition. We are so thankful for the doctors and nurses who have worked countless hours caring for our babies. Without them, we wouldn't know Blake and Hollis. We are also so very grateful for our friends and family who have given us love, support and prayers over the past few months. We can't wait to finally bring our little ones home!"
~ Maria Cahill

Congratulations Marianne Guenther Bornhoft!
Spokane Association of Realtors 2013 President



ATTENTION SUSTAINERS

Save the Date!

Annual Sustainer Dinner
Wednesday, June 5, 2013
Manito Country Club

2012-2013 Calendar

MARCH 2013

- 5 Board Meeting
- 9 Ski Outing
- 16 Kids in the Kitchen
- 19 General Membership Meeting
IMPACT: Backpack & Duffle Bag Drive for Foster Children
American West Bank (basement conference room)
41 West Riverside Avenue, Spokane, WA
- 21 New Member Training, 6:00-8:00 p.m.
- 23-24 Northwest Exchange – Spokane, Washington

APRIL 2013

- 9 Board Meeting
- 16 General Membership Meeting
American West Bank (basement conference room)
41 West Riverside Avenue, Spokane, WA
- 23 New Member Training, 6:00-8:00 p.m.
- 30 LAAG Deadline

MAY 2013

- 7 Board Meeting
- 21 General Membership Meeting

JUNE 2013

- 5 Sustainer Dinner
Manito Country Club
- 8 Board Retreat

Board of Directors

President: Julie Munson
President-elect: Heather Byrd
Treasurer: Mary Lynn Boardman
Treasurer-elect: Maria Cahill
Sustaining Director: Candace Mumm
Administrative Director: Heather Byrd
Community Director: Michelle Grover
Membership Director: Cynthia Gustafson
Funding Director: Jackie Worobec
Parliamentarian, Kathleen Wynia
Presidential Assistant: Christi Gerhardt
LDC Chair: Marianne Bornhoff
LDC 2-year: Sheree Lobdell
LDC 2-year: Tonya Bingley
LDC 1-year: Anna Fritts
LDC 1-year: Cindy Evans-Bass

Committee Chairs

Meetings and Arrangements: Kathleen Wynia
Communications/Marketing: Angelina Scull and Stephanie Cates
Northwest Exchange: Julia McGann
Membership Development: Amy Dowell
Foster Santa Breakfast: Sue Trautman and Michelle Grady
PR&D/Impact:
Public Policy/JWLS: Alex Mann
Kids in the Kitchen: Sarah Clifford
FRM: Cookbook: Kim Koch
Touch-a-Truck: Kristin Griffith



1315 N. Napa
Spokane, WA 99202
Phone: 509-328-2801
Email: jlsokane@qwestoffice.net



Our Mission:

The Junior League of Spokane is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

We reach out to women of all races, religions, and national origins who demonstrate an interest in and commitment to voluntarism.

www.jlspokane.org